



General Welfare Requirement:  
Safeguarding and Promoting Children's Welfare  
Suitable premises, environment and equipment,  
outdoor and indoor spaces, furniture and toys must be safe and suitable for purpose.

### Food Play

At Cherry Blossom Nursery and Preschool we make sure that any food we use for play with the children is carefully supervised.

The following procedures ensure the children are kept safe:

- Choking hazards are checked and avoided.
- We will not use whole jelly cubes for play. If we do use jelly to enhance our play then all jelly will be prepared with water as per the instructions and then used.
- Small objects such as dried pasta and pulses will only be used for older children and under supervision.
- All allergies and intolerances will be checked and activities will be adapted to suit all children's needs so no child is excluded.
  - All activities with food will be included on the planning sheets with an allergen matrix attached so that all staff and parents/carers are aware of the ingredients.
  - Staff must refer to the allergy chart when placing out food play activities.
- Any cooking activities will be checked prior to start to ensure all children are able to use all the ingredients based on their individual needs.
  - We will not use food in play unless it enhances the opportunities children are receiving from the activity. Many of the food will be reused in other activities, especially the dry materials.

Date: 10/10/2025

*Karen Elliott*

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